



# MAY 2021

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# READ to RISE

| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY                                      | FRIDAY  | SATURDAY   |
|---|---|--|---|---|---|--|
|   |   |  |   |   |   | 1<br>Point out the way writing works by following the words in a book from left to right with your finger. |
| 2<br>Play a matching game. Match colored squares or match letters to your child's name. | 3<br>Count to 10 (or higher!).                              | 4<br>Build a tower of plastic containers and knock them down. How high can you go? | 5<br>Talk to your child about what you are eating and how it tastes.                | 6<br>Sing "Old MacDonald Had a Farm".         | 7<br>Read a new book by a favorite author.  | 8<br>Build those hand muscles with squishy Play-Doh playtime.  |
| 9<br>Encourage imagination by letting your child create and play on their own.          | 10<br>Find shapes around your house. A door is a rectangle! | 11<br>Point out the changes to trees and flower as summer comes.                   | 12<br>Tell your child a story from your own childhood.                              | 13<br>Sing "Are You Sleeping?".               | 14<br>Read a story at bedtime.  | 15<br>Help your child color—inside or outside the lines!   |
| 16<br>Play "I Spy".   | 17<br>Make a pattern with socks.                            | 18<br>Name the animals you see and add their fun sound. "Moo says the cow."        | 19<br>Show your child family photos and tell them how they are part of your family. | 20<br>Sing "If You're Happy and You Know It". | 21<br>Read a book in a whisper voice, then read it in a loud voice.                   | 22<br>Trace letters with your fingers—your child's name is a great place to start!                         |
| 23<br>Use stuffed animals to retell (or create your own) story.                         | 24<br>Sort your toys by color.                              | 25<br>How does water feel? Is this water cold or warm?                             | 26<br>Talk to your child about what they see outside.                               | 27<br>Sing "Mary Had a Little Lamb".          | 28<br>Read your favorite nursery rhymes.  | 29<br>Draw shapes and objects with chalk.  |
| 30<br>Play hopscotch to develop motor skills and number recognition.                    | 31<br>Take a walk and count how many cars you see.          |  |   |   |  | <br>615-862-5750      |