



AUGUST 2021

library.nashville.org/readtorise



READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Play with "rain" in the bathtub.	2 Read books about numbers and counting. Count the objects on the page together.	3 Go outside and explore! The more you see and do together, the more your child learns.	4 Link your words with actions. Ex. Say UP when you pick your child up.	5 Sing "Rain, Rain, Go Away".	6 Read stories and rhymes that feature rain.	7 Draw letters with chalk.
8 Make a color book together.	9 Count pennies, and as the number gets higher, show how 10 pennies equals one dime.	10 Go on a color hunt around your house or outside!	11 Focus on word sounds by helping your child find words that rhyme, such as spoon/moon.	12 Have a family dance party! Sing along to all the songs.	13 Read stories and rhymes that feature rainbows or colors.	14 Let your child help you cook. Kneading and stirring develop motor skills for writing.
15 Pretend you are a bird. How would you move? Where would you go?	16 Sing songs that include numbers, like "5 Green and Speckled Frogs".	17 Use finger paints and talk about what happens when you mix colors.	18 Encourage your child to read aloud or tell the story in their own words to learn expression.	19 Sing and dance the "Hokey Pokey".	20 Read stories and rhymes that feature animals.	21 Encourage your child to draw a story. Then, let them dictate it while you write the caption.
22 Jump (or bounce) the ABCs. It's a great way to reinforce all the letters.	23 Have a countdown to blast off when doing everyday things, like starting the car. 10...9...8...	24 Look at pictures of different animals. Talk about where they live.	25 Talk about today's weather and what you should wear outside.	26 Sing about daily routines. Ex. This is the way we feed the dog.	27 Read books that feature fruits and vegetables.	28 Make letters out of playdough. (And, practice identifying them, too!)
29 Place thinly sliced fruits and vegetables onto a tray and let your child explore texture and taste.	30 Weigh your child and write it here: _____	31 Explore a peach/ watermelon with all your senses: see, touch, smell, hear, taste.				 615-862-5750