



MAY 2022

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READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Build a tower out of boxes and knock them down!	2 Find 5 object around your house that are shaped like a square.	3 Take a walk. How many bugs can you find?	4 Talk about what you're going to do today while you're getting dressed.	5 Sing "The Wheels on the Bus."	6 Check out a book about weather.	7 Talk about the first letter of your child's name and then practice writing it.
8 Set up a pretend store and let your child play the shopkeeper.	9 Measure your child and write their height here: _____	10 Let your child paint on a warm sidewalk with water and a paint brush. Where does the water go?	11 Tell your child a story about when you were a child.	12 Sing "The Wheels on the Bus" but add in animals on the bus. "The cows on the bus go moo, moo, moo."	13 Ask your child to "read" you their favorite book.	14 Put your child in an empty bathtub with pudding and let them write and finger paint on the tub!
15 Play hide and seek.	16 Walk around your house and ask your child to find blue objects.	17 Lie on a blanket and look up at the clouds. Are they moving fast or slow?	18 What words rhyme with dog?	19 Have a singing and dancing party with your child's favorite songs.	20 Discover a nursery rhyme that's new to you and your child.	21 Practice drawing horizontal and vertical lines.
22 Pretend you are a cheetah. How fast can you run?	23 Give your child several objects and ask them to find the largest one and the smallest one.	24 Make binoculars from 2 toilet paper rolls and tape. Go on a safari outside!	25 Talk about your favorite foods and ask your child about their favorites!	26 Sing along with "The Yellow Submarine" by The Beatles.	27 Read a book by Nancy Tafuri.	28 Draw a picture of someone you love.
29 Practice standing or hopping on one foot.	30 Organize your crayons or markers by color.	31 Explore strawberries. How do they taste, feel, smell, look, and sound?				 615-862-5750