



# AUGUST 2022

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# READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 More is one of the first math concepts babies understand. Teach your child the sign for more.	2 Go outside and look for insects. How many different types can you find?	3 Wiggle and giggle, stand up or sit down! Talk about your movements.	4 Sing a familiar tune slowly. Then, sing it faster.	5 Read a book by Brian Pinkney.	6 Introduce your child to the letters in their name. Trace them with their fingers or a writing utensil.
7 Have fun with bubbles!	8 Build with blocks while counting them. How tall can you go?	9 Fill a clear glass with carbonated water. Drop in a few raisins and see what happens!	10 Give everything a name to help your child learn new words.	11 Pick out some of your child's songs and have a sing-along party.	12 Go outdoors and read a book while sitting under a tree.	13 Draw circles. Then, turn them into suns by adding lines.
14 Play color "I Spy". "I spy something that is _____."	15 Clap to the beat of a song. This teaches the math concept of patterns.	16 Explore a peach with all your senses: see, touch, smell, hear, taste.	17 Encourage older children to tell a story. Try using a wordless picture book!	18 Sing songs during every day tasks. Washing your hands? There's a song for that!	19 Read a book by Charles Ghigna.	20 Turn on music and let it inspire your child to create. Use one color at a time. When the music stops, change colors!
21 Play "echo" or copycat. Encourage your child to mimic your actions or sounds or words.	22 Find some objects in your house or outside. Which is bigger? Which is smaller?	23 Make observations about the weather. Can you predict what it will be tomorrow?	24 Talk about the weather today using descriptive words. Do you feel a warm wind or cool raindrops?	25 Play musical chairs or a freeze dance song.	26 Read a favorite fairy tale.	27 In the morning, create a to-do list for the day and write it down.
28 Make faces for each other in front of a mirror.	29 Sort toys by color. This helps teach the concepts of sorting and classifying.	30 Play "Sink or Float". Grab some toys, find some water, and drop them in. Will they sink? Or float?	31 Describe the things you notice. What is the weather? What color are the flowers? Anything!			 615-862-5750