



SEPTEMBER 2022



READ to RISE

library.nashville.org/readtorise

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 615-862-5750			1 Sing your favorite song from story time. If you haven't attended story time yet, check out our virtual programs.	2 Find books to sing to while you read, like "Wheels on the Bus".	3 Give your child a blank piece of paper and writing implements. Let them create a masterpiece.
4 Play with empty boxes. It encourages creativity and thinking skills.	5 Walk around the house and ask your child to name all the red items they see.	6 Put an ice cube into the tub at bath time. Talk about what happens to it.	7 Describe your favorite animal. Encourage your child to do the same.	8 Sing "Row, Row, Row Your Boat". Can you sing the alphabet song to the same tune?	9 Read wordless books to inspire imagination and critical thinking skills.	10 Draw shapes for your child and allow them to color them in.
11 Use flashlights with older babies and toddlers. It is a fun sensory activity building cognitive skills.	12 Explore shapes together. Cut out different shapes and make a picture with them.	13 Give your child 1 cup of cooked rice and 1 cup of uncooked rice. Talk about their similarities and differences.	14 Check out and "read" a Talking Book.	15 Sing "I'm a Little Teapot".	16 Create a "reading on the run" bag with favorite books and materials to enjoy while out and about.	17 Write the letters of the alphabet. Use your favorite colors!
18 Incorporate toys into playtime that require baby participation to push a button or turn a knob.	19 Give your child a plastic cup. Ask your child to find objects around the house that bigger and/or smaller than it.	20 It's the first day of fall! Explore an apple with all your senses: see, touch, smell, hear, taste.	21 What rhymes with the word "fall"?	22 Check out Hoopla's collection of children's music.	23 Even though your child isn't able to read yet, allow them to participate by letting them turn the page.	24 Write your child's name in a light marker color, like yellow, and then give them a dark color to trace it.
25 It's OK to have quiet playtime! Babies need time to think, too!	26 Measure your child and write it here: _____	27 Take a walk outside. Can you find any leaves that have changed color?	28 Talk about your favorite game to play.	29 Sing your child's name and other family members while clapping out the syllables.	30 Read a book about the changing seasons.	