



MAY 2023

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READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Take a walk and count how many cars you see.	2 Go outside and look for flowers to smell.	3 What rhymes with the word "stop"?	4 Sing "Mary Had a Little Lamb".	5 Read your favorite nursery rhymes.	6 Point out the way writing works by following the words in a book from left to right with your finger.
7 Play a matching game. Match colored squares or match letters to your child's name.	8 Count to 10 (or higher!).	9 Build a tower of plastic containers and knock them down. How high can you go?	10 Talk to your child about what you are eating and how it tastes.	11 Sing "Old MacDonald Had a Farm".	12 Read a new book by a favorite author.	13 Build those hand muscles with squishy Play-Doh playtime.
14 Grow their imagination by encouraging your child to create and play on their own.	15 Find shapes around your house. A door is a rectangle!	16 Point out the changes to trees and flower as summer comes.	17 Tell your child a story from your own childhood.	18 Sing "Are You Sleeping?".	19 Read a story at bedtime.	20 Help your child color—inside or outside the lines!
21 Play "I Spy".	22 Make a pattern with socks.	23 Name the animals you see and add their fun sound. "Moo says the cow."	24 Show your child family photos and tell them how they are part of your family.	25 Sing "If You're Happy and You Know It".	26 Read a book in a whisper voice, then read it in a loud voice.	27 Trace letters with your fingers—your child's name is a great place to start!
28 Use stuffed animals to retell (or create your own) story.	29 Sort your toys by color.	30 How does water feel? Is this water cold or warm?	31 Talk to your child about what they see outside.			 615-862-5750