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READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 615-862-5750				1 Choose books YOU enjoy - your child picks up on your feelings.	2 Plan a menu and make a shopping list.
3 Make silly faces at each other.	4 Sort your crayons/ markers by color.	5 Look for signs of spring while on a walk.	6 Choose a letter. Ask (or help) your child to find objects around the house that start with its sound.	7 Sing "Head, Shoulders, Knees and Toes".	8 Re-read it! Your child learns by repetition and their brain NEEDS it!	9 Practice using scissors on the junk mail or play-doh.
10 Play with bubbles.	11 Walk around the house and ask your child to name all the green items they see.	12 Fill a small water bottle 1/3 of the way with water and color it. Add vegetable oil too fill. Ocean in a bottle!	13 How many words can you think of that rhyme with spring?	14 Clap while you sing the alphabet.	15 Associate reading with FUN by keeping a few board books in the toy box.	16 Label the furnishings in your child's room.
17 Pretend to be a siren. Make your voice high and low, loud and soft.	18 Find objects around the house and compare their size. Which item is smaller?	19 Make a paper bag "kite" and fly it on a windy day.	20 Talk about things you see today that go fast and slow.	21 Is it windy today? Sing "Let's go Fly a Kite" from <i>Mary Poppins</i> .	22 Don't just read... point while you talk about the pictures and describe what's going on.	23 Let your child help pick up the yard after a storm.
24 How far can you jump? How high? 31 Gently bounce while you read, rhyme, or sing.	25 Find and count five blue things in your house.	26 Enjoy making a liquid into a solid with pancake batter!	27 Talk about what you'll do tomorrow.	28 Sing and move to "Skip to my Lou".	29 Read a book by Mo Willems.	30 Draw a picture of your favorite animal.