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READ to RISE

DOMINGO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
1 Collect household items you can use to create "music" and play along with your favorite rock band.	2 Slice an apple in half and look for the seeds. Count the seeds!	3 Fill a clear glass with carbonated water. Drop in a few raisins and see what happens!	4 Choose a word of the day and use it throughout the day.	5 How loudly can you sing your favorite song? How quietly?	6 Create a "reading on the run" bag with favorite books and materials to enjoy while out and about.	7 Encourage your child to draw a story. Then, let them dictate it while you write the caption.
8 Create an obstacle course to complete.	9 Count the steps between your bathroom and your bedroom.	10 Find a non-fiction book about your child's interest. They support strong vocabulary development.	11 Have fun with rhymes by leaving out a word. See if you child will supply it!	12 Sing "The Ants Go Marching" while marching around the house.	13 Find books that allow you to read and sing along like "The Wheels on the Bus."	14 Feel different textures and shapes to help develop hand muscles.
15 Go to the park or playground.	16 Encourage pre-math skills by allowing your child to measure the flour or spices when you cook.	17 Make binoculars from 2 empty toilet paper tubes and tape. Go on a safari outside!	18 Play with words that start with the same letter and make up silly sentences like "Dan dunked a donut."	19 Make up a song about summer and the fun things you like to do.	20 Read a book about summer. It starts tomorrow!	21 Draw a picture of your favorite summer activity.
22 Incorporate toys into playtime that require baby participation to push a button or turn a knob.	23 Find objects around the house and compare their weight. Which is heavier or lighter?	24 Go outside and explore! The more you see and do together, the more your child learns.	25 Point out the first letter of your child's name when you see it on a sign or in a book.	26 Sing "Where Is (name)" to the tune of "Thumbkin" when playing peek-a-boo or hide and seek.	27 Read with your favorite stuffed animal or toy.	28 Play music and draw until it stops. Choose a new color and start again. Repeat to create a masterpiece!
29 Play follow the leader (touch your head, turn around, sit down). Then, ask your child to do the same things.	30 Go on a shape hunt around your house. What shapes can you find?					 615-862-5750